



OCTOBER

2020

NEW HOME ISD LUNCH MENU



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Special Announcements:

Tangerine Chicken
Egg Rolls
Or
Hamburger Steak
Roasted Potato
Biscuits
Or
Tuna Salad
Crunchy Broccoli Salad
Mandarin Oranges

1.

Pizza Choice
Or
Fiesta Bowl
Carrots
Garden Salad
Fresh Seasonal Fruit
Royal Brownies

2.

Texas Basket
(Chicken Strips, Fries, Roll)
Or

Hamburgers/Cheeseburger
Oven Fries
Cucumbers
Strawberries

5.

Tex- Max Stack
Or

Chicken Fajitas
Beans
Carrots
Salsa
Hot cinnamon Apples
Sherbet Cups

6.

Chicken Alfredo

Breadsticks
Or

Cheesy Breadsticks
Tuscan Vegetables
Garden Salad
Marinara Sauce
Peaches
Baked Pears

7.

Ranchero Wrap
(Carne Guisada Burrito)

Corn
Or

Country Pot Pie
Tomato Cup
Snowball Salad

8.

Chicken Bowl
Or

Breaded Pork Chop
Mashed Potatoes
Gravy
Savory Green Beans
Roll
Fresh Apple Slices

9.

NO
SCHOOL

12.

CHILI CHEESE TOTCHOS

Roll
Or

Chicken-n-Waffles
Hash Browns
Fresh veggie Cup
Strawberries

13.

Chicken Nuggets

Mac & Cheese
Black-eyed Peas
Or

Asian Bowl
Eggroll
Garden Salad
Grapes

14.

Pizza Choice

Or
Ham & Cheese Sandwich

Multi Grain Chips
Soup
Bell Peppers Strips
Corn
Fruity Gelatin

15.

Hamburger/Cheeseburger

Or

Potato Bowl
Roll
Celery
Carrots
Cinnamon Applesauce

16.

Breaded Drumstick
Biscuit
Or
Chili Cheese Dog
Or
Santa Fe Salad
Sweet Potatoes
Corn
Grapes

19.

WALKING TACO
(TACO MEAT, TOSTITOS, CHEESE)

OR

FRITO PIE
Or

Santa Fe Salad
Cucumbers
Beans
Salsa
Orange Smiles

20.

Lasagna

Tuscan Vegetables
Or

Chicken Nuggets
Mashed Potatoes
Santa Fe Salad
Broccoli
Roll
Fruit Cup

21.

Hamburger/Cheeseburger

Or

Pizza Choice
Or

Santa Fe Salad
Steak Fries
Carrots
Snowball Salad

22.

Country Fried Steak
Gravy
Or
Meatloaf
Mashed Potatoes
Or
Chef Salad
Okra
Roll
Strawberries

26.

Meat & Cheese Chalupa

Or

Enchiladas
Or
Chef Salad
Salsa
Cucumbers
Beans
Rosy Applesauce

27.

Chicken Tenders

Roll
Gravy
Or

Hamburger /Cheeseburger
Or

Chef Salad
Broccoli
Sweet Potatoes
Mixed Fruit

28.

Chicken Spaghetti

Breadstick
Or

Pizza Choice
Or

Chef Salad
Garden Salad
Carrots
Fresh Apple Slices

29.

Cookie

Pulled Pork Sliders
Or

Chicken Parmesan
Breadsticks
Or

Santa Fe Salad
Savory Green Beans
Garden Salad
Chilled Pineapple
Brownies

23.

Fish Sticks

Mac & Cheese
Or

Western Burgers
Or

Chef Salad
Coleslaw
Savory Green Beans
Orange Smiles

30.

- National School Lunch Week Oct. 12-16



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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Food and Nutrition Division
National School Lunch Program and School Breakfast Program



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NEW HOME ISD.
BREAKFAST MENU
(STUDENTS EAT FREE)



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Special Announcements:

Pancakes/Bacon
Or
Muffin/Yogurt
Fruit
Fruit Juice
Milk Variety 5.

Sunrise Sandwich
Or
Breakfast Strudel/Cheese Stick
Fruit
Fruit Juice
Milk Variety 6.

Chicken -n-Biscuit
Or
Breakfast Parfait
Fruit
Fruit Juice
Milk Variety 7.

Breakfast Bread/Yogurt
Or
PBJ
Fruit
Fruit Juice
Milk Variety 8.

Breakfast Burrito/Hash Browns
Or
Cereal/Toast
Fruit
Fruit Juice
Milk Variety 9.

NO
SCHOOL 12.

Breakfast Taquitos
Or
Breakfast Strudel
Fruit
Fruit Juice
Milk Variety 13.

Waffles/Sausage
Or
Cereal/Toast
Fruit
Fruit Juice
Milk Variety 14.

Breakfast Pizza
Or
PBJ
Fruit
Fruit Juice
Milk Variety 15.

Donut Holes/Sausage
Or
Muffin/Yogurt
Fruit
Fruit Juice
Milk Variety 16.

Pancakes/Sausage
Or
Muffin/Yogurt
Fruit
Fruit Juice
Milk Variety 19.

Breakfast Burrito
Or
Cereal Bar/Yogurt
Fruit
Fruit Juice
Milk Variety 20.

Power Breakfast
(Biscuit, Gravy, Bacon Scrambled Egg)
Or
Breakfast Parfait
Fruit
Fruit Juice 21.

Sausage Kolache
Or
Breakfast Crackers/Cheese Stick
Fruit
Fruit Juice
Milk Variety 22.

Breakfast Sandwich
Or
Breakfast Round / Yogurt
Fruit
Fruit Juice
Milk Variety 23.

Waffles/Sausage
Or
Muffin/Yogurt
Fruit
Fruit Juice
Milk Variety 26.

Sausage, Egg & Cheese Biscuit
Or
PBJ
Fruit
Fruit Juice 27.

Breakfast Pizza
Or
Cereal/Toast
Fruit
Fruit Juice
Milk Variety 28.

Cinnamon Roll/Sausage
Or
Breakfast Crackers
Fruit
Fruit Juice
Milk Variety 29.

Biscuit Gravy Scrambled Eggs
Or
Cereal/Toast
Fruit
Fruit Juice
Milk Variety 30.

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CONSTELLATION CHICKEN



A constellation is a group of visible stars that form a pattern or picture in the sky. The pattern they form may take the shape of an animal, a mythological creature, a man, a woman, or an inanimate object. Astronomers recognize 88 different constellations. The smallest constellation is the Southern Cross, Crux, and the largest constellation is the Water Snake, Hydra.

FIND THE DIFFERENCE

One of the chickens is not like the other. Circle the one you think it could be.



DID YOU KNOW?

National School Lunch Week is this month! Look for proteins like chicken in your school cafeteria and try new foods from Texas farms and ranches! Milk, lean meat, fruit, vegetables, and whole grains can all be part of a healthy school lunch – and they're all produced right here in Texas.

Chicken is an excellent source of protein. Protein is important because it builds muscles and helps keep your body strong. Chicken is also low in fat, making it a healthy choice for any meal.



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