

NEW HOME ISD LUNCH MENU





Special Announcements:



Egg Rolls



Or Hamburger Steak Roasted Potato Biscuits

Tuna Salad Crunchy Broccoli Salad Mandarin Oranges

Pizza Choice

Fiesta Bowl

Carrots Garden Salad

Fresh Seasonal Fruit

Royal Brownies

Texas Basket

(Chicken Strips, Fries, Roll) Ör

Hamburgers/Cheeseburger

Oven Fries Cucumbers Strawberries

5.

Tex-Max Stack

Chicken Fajitas

Beans Carrots Salsa

Hot cinnamon Apples Sherbet Cups

Chicken Alfredo

Breadsticks

Cheesy Breadsticks

Tuscan Vegetables Garden Salad Marinara Sauce

> Peaches Baked Pears

Ranchero Wrap

(Carne Guisada Burrito) Corn

Country Pot Pie

Tomato Cup 8. Snowball Salad

Chicken Bowl

Breaded Pork Chop

Mashed Potatoes Gravy

Savory Green Beans

Roll

Fresh Apple Slices

NO

SCHOOL

CHILI CHEESE TOTCHOS

Roll

Chicken-n-Waffles

Hash Browns

Fresh veggie Cup 13. Strawberries

Chicken Nuggets

Mac & Cheese Black-eyed Peas

Asian Bowl

Eggroll Garden Salad

14. Grapes

Pizza Choice

Ham & Cheese Sandwich

Multi Grain Chips Soup

Bell Peppers Strips Corn Fruity Gelatin

15.

22.

29.

Hamburger/Cheeseburger

Potato Bowl

Roll Celery

Carrots

Cinnamon Applesauce

16.

9.

Breaded Drumstick

Biscuit Or

Chili Cheese Dog

Or Santa Fe Salad

Sweet Potatoes 19. Com Grapes

WALKING TACO (TACO MEAT. TOSTITOS.CHEESE)

FRITO PIE

Santa Fe Salar Cucumbers

Beans Salsa Orange Smiles

20.

6.

Lasagna Tuscan Vegetables

Or Chicken Nuggets Mashed Potatoes Santa Fe Salad

Broccoli 21. Roll Fruit Cup

Hamburger/Cheeseburger

Carrots

Pulled Pork Sliders

Chicken Parmesan Breadsticks

Or

Santa Fe Salad Savory Green Beans

Garden Salad 23. Chilled Pineapple Brownies

Country Fried Steak

Gravv Or

Meatloaf Mashed Potatoes Or

> Chef Salad Okra Roll Strawberries

Meat & Cheese Chalupa

Enchiladas

or **Chef Salad** Salsa

Cucumbers Beans Rosy Applesauce Chicken Tenders Roll

> Gravy Or

Hamburger /Cheeseburger

Chef Salad Broccoli

Or

28. Sweet Potatoes Mixed Fruit

Pizza Choice

Or

Santa Fe Salad Steak Fries

Snowball Salad

Chicken Spaghetti

Breadstick

Or

Pizza Choice

Or

Chef Salad

Garden Salad

Carrots

Fresh Apple Slices

Fish Sticks Mac & Cheese

Or Western Burgers

Chef Salad

Coleslaw Savory Green Beans

30.

National School Lunch Week Oct. 12-16





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26.



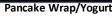
NEW HOME ISD. **BREAKFAST MENU** (STUDENTS EAT FREE)





Special Announcements:









Breakfast Crackers / Cheese stick

Fruit Fruit Juice

Milk Variety

Fruit Juice

Pancakes/Bacon

Muffin/Yogurt

Fruit

Fruit Juice

5. Milk Variety

NO **SCHOOL**

Pancakes/Sausage

Muffin/Yogurt

Fruit

Fruit Juice 19. Milk Variety

Waffles/Sausage

Muffin/Yogurt

Fruit

Fruit Juice 26. Milk Variety

Sunrise Sandwich

Or

Breakfast Strudel/Cheese Stick

Fruit

Fruit Juice 6. Milk Variety

Breakfast Taquitos

Breakfast Strudel

Fruit

Fruit Juice 13. Milk Variety

Breakfast Burrito

Cereal Bar/Yogurt

Fruit

Fruit Juice 20. Milk Variety

Sausage, Egg & Cheese Biscuit

Or

PBJ

Fruit Fruit Juice

Chicken -n-Biscuit

Breakfast Parfait

Fruit

Fruit Juice Milk Variety

Waffles/Sausage

Or

Cereal/Toast

Fruit

Fruit Juice 14. Milk Variety

Power Breakfast

(Biscuit, Gravy. Bacon Scrambled Egg)

Breakfast Parfait

Fruit FruitJuice

21.

Breakfast Pizza

Or

Fruit

Fruit Juice

Cereal/Toast

28. Milk Variety

Breakfast Bread/Yogurt

Or

PBJ

Fruit Fruit Juice 8.

15.

29.

Breakfast Pizza

Milk Variety

PBJ

Fruit Fruit Juice

Milk Variety

Sausage Kolache

Breakfast Crackers/Cheese Stick

Fruit

Fruit Juice 22.

Milk Variety

Cinnamon Roll/Sausage

Breakfast Crackers

Fruit

FruitJuice

Milk Variety

Cinnamon Roll/Sausag

Breakfast Round/Yogurt

Fruit

Milk Variety

Breakfast Burrito/Hash Browns

Cereal/Toast

Fruit

Fruit Juice

Milk Variety

Donut Holes/Sausage

9.

16.

23

30.

Muffin/Yogurt

Fruit

Fruit Juice

Milk Variety

Breakfast Sandwich

Breakfast Round / Yogurt Fruit

FruitJuice

Milk Variety

Biscuit Gravy Scrambled Eggs

Cereal/Toast

Fruit

Fruit Juice

Milk Variety

National School Lunch Week Oct. 12-16



TEXAS DEPARTMENT OF AGRICULTURE COMMISSIONER SID MILLER This product was funded by USDA

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CONSTELLATION CHICKEN



A constellation is a group of visible stars that form a pattern or picture in the sky. The pattern they form may take the shape of an animal, a mythological creature, a man, a woman, or an inanimate object. Astronomers recognize 88 different constellations. The smallest constellation is the Southern Cross, Crux, and the largest constellation is the Water Snake, Hydra.

FIND THE DIFFERENCE

One of the chickens is not like the other. Cirle the one you think it could be.

DID YOU KNOW?

National School Lunch Week is this month!
Look for proteins like chicken in your
school cafeteria and try new foods from
Texas farms and ranches! Milk, lean meat,
fruit, vegetables, and whole grains can all
be part of a healthy school lunch — and
they're all produced right here in Texas.

Chicken is an excellent source of protein. Protein is important because it builds muscles and helps keep your body strong. Chicken is also low in fat, making it a healthy choice for any meal.







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