

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Jan

FEED YOUR CREATIVITY



Announcements:

Students Eat Free

| | | | | |
|---|---|---|---|--|
| <p>3</p> <p>No School</p> | <p>4</p> <p>No School</p> | <p>5</p> <p>Corn Dog Mini Corn Dog Or Oven Fried Chicken Roll Potatoes Tomato Cup Fruit Cup Milk Variety</p> | <p>6</p> <p>Chicken Sandwich Chips Or Spaghetti Bowl Breadstick Fresh Veggie Cup Garden Salad Fruity Gelatin Milk Variety</p> | <p>7</p> <p>PIZZA CARROTS GREEN BEANS FRESH SEASONAL FRUIT BROWNIE MILK VARIETY</p> |
| <p>10</p> <p>Country Fried Steak Gravy Or Fish Sticks Potatoes Okra Roll Strawberries Milk Variety</p> | <p>11</p> <p>Tex-Mex Stack Spanish Rice Or Chicken Fajitas Spanish Rice Beans Carrots Salsa Cinnamon Apples Sherbet</p> | <p>12</p> <p>Chicken Alfredo Breadstick Or Meatball Sub Garden Salad Fruity Gelatin Milk Variety</p> | <p>13</p> <p>Popcorn Chicken Roll Broccoli Salad Corn Crunchy Broccoli Salad Fresh Apple Slices Fruit Crisp</p> | <p>14</p> <p>NO SCHOOL</p> |
| <p>17</p> <p>Enchiladas Or Meat & Cheese Chalupa Spanish Rice Beans Corn Salsa Orange Smiles Pudding</p> | <p>18</p> <p>Chili Cheese Totchos Texas Toast Or Chicken -n-Waffles Fresh Veggie Cup Potatoes Strawberries & Banana</p> | <p>19</p> <p>Chicken Nuggets Mac and Cheese Or Asian Bowl Egg Roll Carrots Squash Grapes</p> | <p>20</p> <p>Hamburger /Cheeseburger Chips Or Breaded Mozzarella Stick Tomato Cup Garden Salad Pears Milk Variety</p> | <p>21</p> <p>X-Treme Burrito Corn Cucumbers Rosy Applesauce Cookie Milk Variety</p> |
| <p>24</p> <p>Breaded Drumstick Biscuit Or Chicken Spaghetti Breadstick Garden Salad Sweet Potatoes Seasonal Fresh Fruit</p> | <p>25</p> <p>Walking Taco Or Frito Pie Fresh Veggie Cup Chilled Pineapple Brownie Milk Variety</p> | <p>26</p> <p>Lasagna Breadstick Or Cheesy Breadsticks Broccoli Marinara Sauce Cinnamon Applesauce</p> | <p>27</p> <p>Fiesta Bowl Or Boneless Chicken Wings Chips Celery Carrots Mixed Fruit Frozen Yogurt</p> | <p>28</p> <p>Steak Fingers Roll Savory Green Beans Corn Peaches</p> |
| <p>31</p> <p>Corn Dog Or Oven Fried Chicken Potatoes Tomato Cup Fruit Cup Milk Variety</p> | | | | |



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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Food and Nutrition Division
Nutrition Assistance Programs



Updated 1/1/2021
www.SquareMeals.org

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| <p>3</p> <p>No School</p> | <p>4</p> <p>No School</p> | <p>5</p> <p>Breakfast Pizza Or Muffin/Yogurt Fruit Juice Fruit Milk Variety</p> | <p>6</p> <p>Power Breakfast Biscuit, Gravy, Scrambled Eggs, Bacon Or Parfait Fruit Juice Fruit Milk Variety</p> | <p>7</p> <p>Breakfast Sandwich Or Cereal/Toast Fruit Juice Fruit Milk Variety</p> |
| <p>10</p> <p>Pancakes/ Bacon Or Muffin / Yogurt Fruit Juice Fruit Milk Variety</p> | <p>11</p> <p>Breakfast Taquito Or Breakfast Strudel Cheese Stick Fruit Juice Fruit Milk Variety</p> | <p>12</p> <p>Breakfast Pizza Or Cereal/ Toast Fruit Juice Fruit Milk Variety</p> | <p>13</p> <p>Oatmeal Cinnamon Toast or Breakfast Crackers Cheese Stick Fruit Juice Fruit Milk Variety</p> | <p>14</p> <p>No School</p> |
| <p>17</p> <p>Sausage Kolache Yogurt or Cereal/Toast Fruit Juice Fruit Milk Variety</p> | <p>18</p> <p>Breakfast Sandwich Or Breakfast Bread / Yogurt Fruit Juice Fruit Milk Variety</p> | <p>19</p> <p>Power Breakfast Biscuit, Gravy, Scrambled Egg, Bacon Or Parfait Fruit Juice Fruit Milk Variety</p> | <p>20</p> <p>Breakfast Pizza Or Breakfast Bread/ Yogurt Fruit Juice Fruit Milk Variety</p> | <p>21</p> <p>Dutch Waffles /Sausage Or Cereal/Toast Fruit Juice Fruit Milk Variety</p> |
| <p>24</p> <p>Pancakes/Bacon Or Breakfast Round / Yogurt Fruit Juice Fruit Milk Variety</p> | <p>25</p> <p>Breakfast Burrito Hash Browns Or Breakfast Strudel Fruit Juice Fruit Milk Variety</p> | <p>26</p> <p>Waffles/Sausage Or Cereal/Toast Fruit Juice Fruit Milk Variety</p> | <p>27</p> <p>Stuffed Bagel Cheese Sticks Or Breakfast Bread/ Yogurt Fruit Juice Fruit Milk Variety</p> | <p>28</p> <p>Donut Holes/Sausage Or Cereal/Toast Fruit Juice Fruit Milk Variety</p> |
| <p>31</p> <p>Breakfast Pizza Or Muffin/Yogurt Fruit Juice Fruit Milk Variety</p> | | | | |



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