

Notes from Nurse Jen



*Hello Leopards!! I am **super** excited to be your new school nurse this year!*

A little bit about me: I have been a Registered Nurse for 12 years. I graduated from Covenant School of Nursing in 2010 & then went on to Lubbock Christian University for my Bachelor of Science in Nursing. I have experience in critical care, adult & pediatric home health/community health, adult & pediatric end of life care, pediatric infusion therapy, and most recently, adult & pediatric oncology/chemotherapy. I look forward to meeting all of you and assisting you with any needs you may have regarding your kiddos health and wellness.

Important things to cover....

Immunizations – There are several required immunizations that the state of Texas requires. I will attach a schedule of immunizations that are required. If you have an exemption for immunizations please contact me.

Health Conditions – If your child has a health condition that I need to be aware of & help monitor or manage at school, then please get in touch with me so we can discuss a game plan.

Medications - If your child needs medication (*prescription &/or over-the-counter*) during school hours, please get in touch with me. I will need the following...

- **A valid labeled prescription written by a physician, in its *original container*, that is in date. I cannot accept expired or unlabeled medications.**
- If you would like to bring over-the-counter medications (ex. Tylenol, Ibuprofen, Tums) to give as needed, I will be more than happy to accept those. **YOU MUST BRING A NEW & UNOPENED PACKAGE** that's labeled with your child's name, date of birth, and grade.
- I **MUST** have a **SIGNED Medication Administration Consent form** to give medications, for BOTH over-the-counter and prescription medications.

Allergies & Asthma – If your child has any **severe allergies** &/or **asthma** that will require monitoring, please get in contact with me so I can provide forms that will need to be filled out.

Jen Rigdon, BSN, RN

E-mail - jrigdon@esc17.net Phone: 806-924-7542 - Ext. 205 FAX: 806-924-7520

*My goal is to help keep all of our kids safe, healthy, & happy so that they can learn & grow effectively!
Please feel free to reach out to me at any time. I am happy to help!*

REQUIRED IMMUNIZATIONS

2022 - 2023 Texas Minimum State Vaccine Requirements for Students Grades K - 12

This chart summarizes the vaccine requirements incorporated in the Texas Administrative Code (TAC), Title 25 Health Services, §§97.61-97.72. This document is not intended as a substitute for the TAC, which has other provisions and details. The Department of State Health Services (DSHS) is granted authority to set immunization requirements by the Texas Education Code, Chapter 38.

IMMUNIZATION REQUIREMENTS

A student shall show acceptable evidence of vaccination prior to entry, attendance, or transfer to a public or private elementary or secondary school in Texas.

Vaccine Required (Attention to notes and footnotes)	Minimum Number of Doses Required by Grade Level												Notes		
	Grades K - 6th						Grade 7th	Grades 8th - 12th							
	K	1	2	3	4	5	6	7	8	9	10	11		12	
Diphtheria/Tetanus/Pertussis (DTaP/DTP/DT/Td/Tdap)	5 doses or 4 doses						3 dose primary series and 1 booster dose of Tdap / Td <i>within the last 5 years</i>	3 dose primary series and 1 booster dose of Tdap / Td <i>within the last 10 years</i>							<p>For K – 6th grade: 5 doses of diphtheria-tetanus-pertussis vaccine; 1 dose must have been received on or after the 4th birthday. However, 4 doses meet the requirement if the 4th dose was received on or after the 4th birthday.¹ For students aged 7 years and older, 3 doses meet the requirement if 1 dose was received on or after the 4th birthday.¹</p> <p>For 7th grade: 1 dose of Tdap is required if at least 5 years have passed since the last dose of tetanus-containing vaccine.*</p> <p>For 8th – 12th grade: 1 dose of Tdap is required when 10 years have passed since the last dose of tetanus-containing vaccine.*</p> <p>*Td is acceptable in place of Tdap if a medical contraindication to pertussis exists.</p>
Polio	4 doses or 3 doses												<p>For K – 12th grade: 4 doses of polio; 1 dose must be received on or after the 4th birthday.¹ However, 3 doses meet the requirement if the 3rd dose was received on or after the 4th birthday.¹</p>		
Measles, Mumps, and Rubella ² (MMR)	2 doses												<p>For K – 12th grade: 2 doses are required, with the 1st dose received on or after the 1st birthday.¹ Students vaccinated prior to 2009 with 2 doses of measles and one dose each of rubella and mumps satisfy this requirement.</p>		
Hepatitis B ²	3 doses												<p>For students aged 11 – 15 years, 2 doses meet the requirement if adult hepatitis B vaccine (Recombivax*) was received. Dosage (10 mcg /1.0 mL) and type of vaccine (Recombivax*) must be clearly documented. If Recombivax* was not the vaccine received, a 3-dose series is required.</p>		
Varicella ^{2,3}	2 doses												<p>For K – 12th grade: 2 doses are required, with the 1st dose received on or after the 1st birthday.¹</p>		
Meningococcal (MCV4)							1 dose						<p>For 7th – 12th grade, 1 dose of quadrivalent meningococcal conjugate vaccine is required on or after the student's 11th birthday.</p> <p>NOTE: If a student received the vaccine at 10 years of age, this will satisfy the requirement.</p>		
Hepatitis A ²	2 doses												<p>For K – 12th grade: 2 doses are required, with the 1st dose received on or after the 1st birthday.¹</p>		

NOTE: Shaded area indicates that the vaccine is not required for the respective grade.

- If you have an affidavit of exemption for immunizations then please contact the school nurse.
- If you need information on how to obtain an affidavit for immunization exemptions please visit:

<https://www.dshs.texas.gov/immunize/school/exemptions.aspx#affidavit>

**If you are requesting an affidavit of exemption please note that it does take 3-5 weeks to be processed. Please allow ample time to get these in order for your child to attend school.